

# Cohesity Platform Foundations eCourse

The Cohesity Platform Foundations is a prerequisite, eLearning training course that covers an overview of Cohesity solutions, technologies and the overall platform. In this course you will learn about the Cohesity Data Cloud Platform components & services, the file system, and Cohesity DataProtect workflows such as backup, recovery and test/dev capabilities. This course provides the foundation for which all other Cohesity training is built upon.

## Course Objectives

- Describe Cohesity Next-Gen Data Management
- Describe Cohesity platform services and licensing
- Describe Cohesity internal components, Storage Domains and Views
- Understand Cohesity DataProtect backup and recovery
- Understand how to access Cohesity resources

## Intended Audience

- New Cohesity users, administrators and operators
- Backup administrators and operators
- File and object services operators

## Prerequisite Skills

- None

## Key Benefits

- Sets up your Cohesity learning journey for success by covering an overview of Cohesity DataProtect and the Cohesity Data Cloud Platform.

## Course Syllabus

### Cohesity and Solutions

- The Company
- The Technology

### The Cohesity Helios Platform

- Overview
- Platform Services
- The File System

### Platform Components

- Data Services
- Management Services

### Platform Internals

- Storage Domains
- Views

### Cohesity DataProtect

- Backup
- Recovery
- Cloning

### Cohesity Resources

- MyCohesity
- Cohesity Partners Portal
- Cohesity Support Portal

### Recommended Prior Training and/or Hands-On Experience

- None

Learn more information contact [academy@cohesity.com](mailto:academy@cohesity.com)

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**COHESITY**

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